

# Adam Stephens Middle School

## P.O.W.E.R. S.P.I.R.I.T. Club

If you like activities, making new friends and having fun, then POWER S.P.I.R.I.T. (Student Participation In Recreational Activities Together) Club is for you! Our 6-week winter session meets every Monday, Tuesday, & Wednesday, 2:30-3:40, from January 28<sup>th</sup> – March 10<sup>th</sup>. Most classes are led by Stephens' staff. Cost: **\$5.00** will cover supplies and snacks for the entire 6 weeks of Clubs. Some of the Clubs have a maximum number of students they will take, and Clubs fill up fast. Sign-up **NOW!!!** Bring the attached permission slip and \$5.00 to the office by **January 22<sup>nd</sup>**. Scholarships are available upon request.

### MONDAY, TUESDAY, and WEDNESDAY POWER S.P.I.R.I.T. CLUBS

**African American Club (max. 20)**-enjoy your peers experiences with diversity and share yours (Gordon)

**Babysitters Club (max. 12)**-learn babysitting skills & get certification. **Must attend all 6 sessions** (Camp Fire)

**Basketball**-play basket ball with your friends and practice your skills (Gunter/Stroup)

**Beading(max. 12)**-design & create using polymer beads, beading tools, patterns, & design projects (Camp Fire)

**Board Games**-play a variety of board games with your friends (Lane)

**Fun Creations (max. 20)**-have fun making things through art and woodworking (Garlock/Hess)

**Games/LEGOs/3-D Puzzles**-play board games, build with LEGO, put 3-D puzzles together (Dahl/Price)

**Getting Ready for Pentagames**-7<sup>th</sup> & 8<sup>th</sup> graders in Math 2 or higher compete in math games (Kersten/White)

**Handwriting/Calligraphy/Printing**-learn the beautiful art of writing in different ways (McKinley)

**Kick Boxing**-learn the basic moves, get a great workout, and have some fun (Choquette/Gehring)

**Mouse Trap Cars (max. 12)**-build a car powered only by the spring of a mousetrap (Camp Fire)

**Movie Club**-watch various movies rated G and PG with supervision (Robbins)

**Mural Painting (max. 20)**-have fun painting murals on the walls of the school (Garlock/Hess)

**No Cook Cooking (max. 12)**-learn how to make tasty treats without any stove or oven! (Camp Fire)

**1, 2, 3 . . . . Let's Sew (max. 10)**-learn sewing basics, fabric and pattern information and selection (Weathers)

**Pacific Islander Club**-learn about different Pacific Island cultures though dance, music, and more (Johnson)

**Perler Beads (max. 20)**- make a variety of shapes, animals, and frames from Perler beads (Garlock/Hess)

**Pizza & Pages**-read some great books then discuss what your reading over a slice of pizza (Lane/McKinley)

**Puzzle Club**-challenge yourself and have fun putting together a variety of puzzles (Workman)

**Scrapbooking Club (max. 12)**-have fun creating your own scrapbook of your favorite pictures (Workman)

**Weight Training (max. 20)**-learn safety, proper form, progression, build endurance using weights (Charleston)

**Yoga (max. 5)**-increase your balance and strength with challenging moves and poses (Dahl)

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## **Please keep this page for you information.**

Students sign up for classes on the next page.

Students will receive their POWER S.P.I.R.I.T. Club card before January 28<sup>th</sup> listing the clubs they are in, the room where they meet, and their bus number (if they ride one of the activity buses).

**They need to bring their card to Room 208 after school to receive their snack.**  
Then they can go to their club to eat their snack before their activities start.

Stops for activity bus are listed on the back of the Registration Form.

Lost cards cost \$ 0.50 to replace.

**If students want to change clubs, student must get written permission from both teachers and a parent saying they can change from one club to another.**

To sign up, please choose 2 clubs, a 1<sup>st</sup> AND 2<sup>nd</sup> choice, for Monday, Tuesday, and/or Wednesday next to the clubs below that you would like to participate in. Return the form complete with Parent Signature to the office by January 22<sup>nd</sup>. Fees are “nonrefundable.” POWER S.P.I.R.I.T Club begins Monday, January 28<sup>th</sup>. Appropriate behavior is MANDATORY. Problems will result in dismissal. Please contact Ms. Mayor at Stephens, (503) 399-3442 if there are any questions.

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|---|---|--|
| <b>MONDAY CLUBS (choose 2)</b>                        | <b>TUESDAY CLUBS (choose 2)</b>                           | <b>WEDNESDAY CLUBS (choose 2)</b>                |
| <input type="checkbox"/> Basketball                   | <input type="checkbox"/> Basketball                       | <input type="checkbox"/> African American Club   |
| <input type="checkbox"/> Beading                      | <input type="checkbox"/> Games/LEGOs/3-D Puzzles          | <input type="checkbox"/> Babysitters Club        |
| <input type="checkbox"/> Board Games                  | <input type="checkbox"/> Handwriting/Calligraphy/Printing | <input type="checkbox"/> Basketball              |
| <input type="checkbox"/> Getting Ready for Pentagames | <input type="checkbox"/> Kick Boxing                      | <input type="checkbox"/> Fun Creations           |
| <input type="checkbox"/> Kick Boxing                  | <input type="checkbox"/> Mouse Trap Cars                  | <input type="checkbox"/> Games/LEGOs/3-D Puzzles |
| <input type="checkbox"/> Movie Club                   | <input type="checkbox"/> Movie Club                       | <input type="checkbox"/> Movie Club              |
| <input type="checkbox"/> Mural Painting               | <input type="checkbox"/> 1, 2, 3 . . . Let’s Sew          | <input type="checkbox"/> 1, 2, 3 . . . Let’s Sew |
| <input type="checkbox"/> No Cook Cooking              | <input type="checkbox"/> Perler Beads                     | <input type="checkbox"/> Scrapbooking Club       |
| <input type="checkbox"/> Pizza & Pages                | <input type="checkbox"/> Pacific Islander Club            |  |
| <input type="checkbox"/> Puzzle Club                  | <input type="checkbox"/> Pizza & Pages                    |  |
| <input type="checkbox"/> Weight Training              | <input type="checkbox"/> Scrapbooking Club                |  |
| <input type="checkbox"/> Yoga                         | <input type="checkbox"/> Weight Training                  |  |

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Student Name (please print) \_\_\_\_\_ Gender \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_ Emergency Phone (must have) \_\_\_\_\_

Special Student Medical Needs \_\_\_\_\_

My child has my permission to join Stephen’s POWER S.P.I.R.I.T. Club and participate in the clubs as indicated above. WAIVER RELEASE: I/We assume all risks and hazards incidental to such participation and hereby waive, release, absolve, indemnify, and hold harmless the Salem/Keizer School District from any claim arising out of any injury to myself and/or my child.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (must be over 18 years of age)

**If your student is a regular bus rider and needs a bus ride home after POWER S.P.I.R.I.T. Club, PLEASE fill out the back of this page!!**

If your child is a regular Stephens school bus rider, they can take the after school activities bus home on Mondays, Tuesdays, and Wednesdays during POWER S.P.I.R.I.T. Club from Jan. 28-Mar. 10. Please register below if your child will be riding the activities bus after school.

Student's Name (please print) \_\_\_\_\_ Grade \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please circle your child's bus stop below.**

**Stephens Activity Bus Schedule**

**Bus 133**

Hayesville Dr. & Nandale Dr (prior to turn)  
Ward Dr 100 feet East of Kacey Cir.  
Ward Dr NE & Gladys St. NE  
Ibex St. NE & Lancaster Dr. NE  
Satter Dr. NE & Campus Loop NE  
39<sup>th</sup> Ave. NE & Cooley Dr. NE  
White Oak Ct. NE & Fisher Road NE  
Bus Pull Out East of Fisher Road (by Silver Inn Tavern)

**Bus 127**

4922 Portland Road NE  
6430 Lardon Road NE  
Silverton Road NE & 60<sup>th</sup> Ave. NE  
Bus Pull Out at Middle Grove  
Bus Pull Out West of 48<sup>th</sup> Ave.  
Bus Pull Out West of 45<sup>th</sup> Ave. NE  
Bus Pull Out West of Hollywood Dr. NE  
Bus Pull Out in front of Wal-Mart  
Beverly Townhouses  
Ellsworth Apts.

# Adam Stephens Middle School

## P.O.W.E.R. Homework Club

If your student needs extra one-on-one help after school and you want them in a Homework Club, please fill out the following form. POWER Homework Clubs are **FREE** and are available three days a week, throughout the year on Monday, Tuesday, and Wednesday. Students will get a healthy snack right after school and will stay in their assigned Homework Club until 3:40. There is an after school activity bus that leaves around 3:50 p.m. each Homework Club day. Clubs have a maximum number of students, and fill up fast. Sign-up **NOW!!!** Bring the attached permission slip to the main office.

### MONDAY, TUESDAY, and WEDNESDAY POWER Homework Clubs

Computers – Tuesdays (Room 120)

Computers – Wednesday (Room 120)

ELL – Mondays (Room 100 and 101)

ELL – Tuesdays (Room 100 and 101)

ELL – Wednesdays (Room 100 and 101)

Language Arts – Mondays (Room 212)

Language Arts – Tuesdays (Room 215)

Language Arts – Wednesday (Room 216)

LRC – Mondays (Room 106)

LRC – Tuesdays (Room 106)

LRC – Wednesdays (Room 106)

Math – Mondays (Room 205)

Math – Tuesdays (Room 109)

Math – Wednesday (Portable 62)

Science – Mondays (Room 210)

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POWER Homework Club was created for students who are not doing well in core classes and who are not coming for help to our after school tutoring centers. Students needing this extra support will be assigned to a Homework Club where their attendance will be recorded each day. This is an opportunity for students to get one-on-one assistance in core classes. This is free and students are kept in their required POWER Homework Club for the entire time.

### INFORMATION:

- Students sign up for Homework Clubs on the next page.
- Students can come have a healthy snack after school in the Commons right after school before they go to their Homework Club.
- Students will receive a POWER Homework Club card that lists their Homework Club room number(s) and bus stop if they ride the activity bus that leaves around 3:50 p.m.
- Check stops for activity bus on the back of the Registration Form.
- Lost cards cost \$ 0.50 to replace.

**If you want your student to change his/her POWER Homework Club, the parent who signed the student up must write a note stating which POWER Homework Club is to be changed and what the new POWER Homework Club should be.**

**If you want your student removed from any POWER Homework Club, the parent who signed the student up must write a note requesting the student to be removed from the POWER Homework Club.**

To sign up, please choose the POWER Homework Clubs you prefer each day you are interested in, you do not have to sign up for all 3 days. Return the form complete with Parent Signature to the office. During POWER Homework Club appropriate behavior is MANDATORY. Problems will result in dismissal. Please contact Ms. Mayor at Stephens, (503) 399-3442 if there are any questions.

MONDAY Homework Clubs

- \_\_\_\_\_ ELL
- \_\_\_\_\_ Language Arts
- \_\_\_\_\_ LRC
- \_\_\_\_\_ Math
- \_\_\_\_\_ Science

TUESDAY Homework Clubs

- \_\_\_\_\_ Computers
- \_\_\_\_\_ ELL
- \_\_\_\_\_ Language Arts
- \_\_\_\_\_ LRC

WEDNESDAY Homework Clubs

- \_\_\_\_\_ Computers
- \_\_\_\_\_ ELL
- \_\_\_\_\_ Language Arts
- \_\_\_\_\_ LRC
- \_\_\_\_\_ Math

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Student Name (please print) \_\_\_\_\_ Gender \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_ Emergency Phone (must have) \_\_\_\_\_

Special Student Medical Needs \_\_\_\_\_

My child has my permission to join Stephen's POWER Homework Club and participate in the club as indicated above. WAIVER RELEASE: I/We assume all risks and hazards incidental to such participation and hereby waive, release, absolve, indemnify, and hold harmless the Salem/Keizer School District from any claim arising out of any injury to myself and/or my child.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
(must be over 18 years of age)

**If your student is a regular bus rider and needs a bus ride home after POWER Homework Club, PLEASE fill out the back of this page!!**

If your child is a regular Stephens school bus rider, they can take the after school activities bus home on Mondays, Tuesdays, and Wednesdays while participating in POWER Homework Club. Please register below if your child will be riding the activities bus after school. Appropriate behavior on the bus is mandatory, and inappropriate behavior may result in loss of bus riding privileges.

Student's Name (please print) \_\_\_\_\_ Grade \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please circle your child's bus stop below.**

**Stephens Activity Bus Schedule**

**Bus 133**

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